



CITY OF ATLANTA DEPARTMENT OF HUMAN RESOURCES  
PUBLIC SAFETY BEHAVIORAL HEALTH WELLNESS UNIT

# FOOD AND MOOD

**"GOOD FOOD IS THE FOUNDATION TO GENUINE HAPPINESS"**  
- AUGUSTE ESCOFFIER

**JOIN US THIS MARCH TO LEARN SOME  
SWEET TIPS ON MAKING HEALTHY DIETARY  
CHOICES THAT CAN BOOST YOUR MOOD**

- MARCH 9TH 10A-12P  
RAPID-ROUND UP  
(APD ANNEX)
- MARCH 11TH 1P-2P  
PUBLIC SAFETY TRAINING  
CENTER A118/A119 APD & AFRD  
CLASS 0 INTRO TO BHWU &  
MONTHLY
- MARCH 17TH 10A-11A  
PUBLIC SAFETY HQ  
226 PEACHTREE ST., SW,  
2ND FLOOR TRAINING ROOM

**FOR MORE INFORMATION CALL: 404.546.1759  
EMAIL: PS-BHWELLNESS@ATLANTAGA.GOV**